



# Arkansas Arts Academy K-8 Lunch

## January 2018

**1**  
Closed – Holiday Break!

**2**  
Closed – Holiday Break!

**3**  
1. Chicken Tender w/ Roll  
2. Hamburger  
3. Romaine Salad  
4. Sunbutter and Jelly Sandwich  
  
Sliced Apples  
Diced Pears  
Fresh Zucchini  
Side Salad

**4**  
1. Cheesy Potato Burrito  
2. Chicken Nuggets  
3. Cheese Wrap  
4. Sunbutter and Jelly Sandwich  
  
Fresh Grapes  
Applesauce  
Fresh Spinach  
Pork and Beans

**5**  
1. Cheese Pizza  
2. Fish Sandwich  
3. Ham Chef Salad  
4. Sunbutter and Jelly Sandwich  
  
Fresh Bananas  
Diced Pineapples  
Fresh Broccoli  
Fresh Cauliflower

**8**  
1. Country Fried Steak w/ Gravy and Roll  
2. Max Sticks  
3. Diced Chicken Salad  
4. Sunbutter and Jelly  
  
Fresh Oranges  
Fruit Cocktail  
Steamed Zucchini  
Grape Tomatoes

**9**  
1. BBQ Pork Sandwich  
2. Chicken Sandwich  
3. Cheese Wrap  
4. Sunbutter and Jelly Sandwich  
  
Fresh Pears  
Diced Peaches  
Green Peas  
Romaine Salad

**10**  
1. Beef Spaghetti w/ Breadstick  
2. Hamburger  
3. Fruit Salad w/ Pretzel  
4. Sunbutter and Jelly Sandwich  
  
Cinnamon Apples  
Diced Pears  
Green Beans  
Celery Sticks

**11**  
1. Corndog  
2. Chicken Tenders  
3. Ham & Turkey Sandwich  
4. Sunbutter and Jelly Sandwich  
  
Fresh Grapes  
Applesauce  
Pinto Beans  
Romaine Salad

**12**  
1. Cheese Pizza  
2. Fish Sandwich  
3. Ham and Pepperoni Salad w/ Breadstick  
4. Sunbutter and Jelly Sandwich  
  
Fresh Banana  
Diced Pineapples  
Fresh Broccoli  
Sliced Cucumbers

**15**  
Closed – Martin Luther King Jr. Day

**16**  
1. Grilled Cheese w/ Tomato Soup  
2. Chicken Sandwich  
3. Turkey/Ham Wrap  
4. Sunbutter and Jelly Sandwich  
  
Green Beans  
Fresh Pears  
Diced Peaches  
Side Salad

**17**  
1. Chicken Drumstick w/ Corn Muffin  
2. Hamburger  
3. Hummus Salad  
4. Sunbutter and Jelly Sandwich  
  
Cinnamon Apples  
Fresh Zucchini  
Diced Pears  
Sweet Potato Fries

**18**  
1. Corndog  
2. Chicken Nuggets w/ Roll  
3. Tuna Salad Sandwich  
4. Sunbutter and Jelly Sandwich  
  
Fresh Grapes  
Applesauce  
Pinto Beans  
Spinach Salad

**19**  
1. Pepperoni Pizza  
2. Fish Sandwich  
3. Tuna Platter Salad w/ Roll  
4. Sunbutter and Jelly Sandwich  
  
Fresh Banana  
Diced Pineapples  
Mixed Vegetable  
Grape Tomatoes

**22**  
1. Chicken Drumstick w/ Roll  
2. Max Pizza Sticks  
3. Ham Pizza Salad  
4. Sunbutter and Jelly Sandwich  
  
Fresh Oranges  
Mixed Fruit  
Mashed Potatoes/Gravy  
Fresh Broccoli

**23**  
1. Beef Spaghetti w/ Breadstick  
2. Chicken Sandwich  
3. Turkey Wrap  
4. Sunbutter and Jelly Sandwich  
  
Green Beans  
Fresh Pears  
Diced Peaches  
Spinach Salad

**24**  
1. Cheesy Bacon Potato w/ Pretzel  
2. Hamburger  
3. Ham & Turkey Salad  
4. Sunbutter and Jelly Sandwich  
  
Cinnamon Apples  
Steamed Zucchini  
Diced Pears  
Grape Tomatoes

**25**  
1. Chili Crispito w/ Santa Fe Rice  
2. Chicken Nuggets  
3. Chicken Salad  
4. Sunbutter and Jelly Sandwich  
  
Fresh Grapes  
Applesauce  
Pinto Beans  
Romaine Salad

**26**  
1. Pepperoni Pizza  
2. Fish Sandwich  
3. Hummus salad w/ Pretzel  
4. Sunbutter and Jelly Sandwich  
  
Fresh Bananas  
Pineapple Tidbits  
Kale  
Fresh Baby Carrots

**29**  
1. Beef Fingers w/ Roll  
2. Hotdog  
3. Fruit salad w/ Cheese & Pretzel  
4. Sunbutter and Jelly Sandwich  
  
Fresh Oranges  
Mixed Fruit  
French Fries  
Grape Tomatoes

**30**  
1. Popcorn Chicken Bowl  
2. Chicken Sandwich  
3. Ham and Cheese Sub  
4. Sunbutter and Jelly Sandwich  
  
Fresh Pears  
Diced Peaches  
Blended Vegetables  
Side Salad

**31**  
1. Macaroni and Cheese  
2. Hamburger  
3. Ham and Turkey Cobb Salad  
4. Sunbutter and Jelly Sandwich  
  
Cinnamon Apples  
Sweet Potato Fries  
Diced Pears  
Celery Sticks

**1**  
1. Dorito Nachos  
2. Chicken Nuggets w/ Roll  
3. Cheese Wrap  
4. Sunbutter and Jelly Sandwich  
  
Fresh Grapes  
Applesauce  
Pinto Beans  
Romaine Salad

**2**  
1. Cheese Pizza  
2. Fish Sandwich  
3. Feta Greek Salad w/ Croissant  
4. Sunbutter and Jelly Sandwich  
  
Fresh Bananas  
Pineapple Tidbits  
Steamed Broccoli  
Red Peppers

**Fresh Fruits and Vegetables Offered Daily!**  
Please Enjoy an Extra Vegetable on January 25<sup>th</sup> – Our “Discovery Day!”

### Meal Prices

Students \$2.85  
Reduced \$.40  
Adults \$3.85

### Grab a Milk

1% Low Fat and Unflavored/Flavored Fat Free Choices

Menu is subject to change.